



Packing List

CLOTHING

- T-Shirts
- Pants/Sweats
- Sweatshirts
- Socks
- Underwear
- Shoes
- Shower Shoes
- Jacket

BEDDING

- Twin Sheets or Sleeping Bag
- Blanket
- Pillow
- Mattress Pad (if desired)

TOILETRIES

- Shower Towel
- Wash Cloth
- Toothbrush
- Tooth Paste
- Soap
- Shampoo
- Deodorant
- Brush/Comb
- Bug Spray

ADDITIONALS

- White T-shirt for our Tie Dye Activity
- Bible/Journal
- Flash Light
- Garbage Bag (for dirty clothes)
- Medication (all meds will be turned into the retreat nurse)